

November 4

Identify your child's strengths. You can use them to build your child's [self-esteem](#), helping to provide the [confidence](#) he or she needs to tackle whatever seems difficult. Children will be more willing to listen and understand how to correct adverse behaviors if their dignity is intact.

November 11

Punishing a child is not as effective as using praise and rewards. Rather than focusing on weaknesses, find ways to assist your child in developing to his or her full potential. When encouraged, children will acquire talents to compensate for any deficiencies.

November 18

Avoid negative emotional reactions, such as [anger](#), sarcasm, and ridicule. If your child has problems with control, negativity will only make him or her feel worse. Use short and mild suggestions to remind your child to focus, like "P.A.," for "pay [attention](#)."

November 25

If a child thinks his or her brother or sister is favored, it can create a rivalry that may last the rest of their lives and cause problems in your family. Make sure your kids know that they are loved equally.