***December Daily Activities at Home***

***3-5 years***

December 2-6



* Pretend an empty wrapping paper tube is a tunnel. Use small cars and bouncy balls and have fun rolling them through the tube
* Experiment by using different items to see what moves through the tube the fastest. Try using the tube at different angles to see if it changes the speed.
* Us the tubes to talk through. Does your voice change after going through the tube? Does the length of the tube make a difference to the sound?
* Have your child walk with a bean bag or stuffed animal on their head.
* Can they bend and pick something up without dropping the bag?

December 9-13

* Make foot prints in the snow while on a walk. Can your child follow in your footsteps? Make zigzags, circles and jump.
* Have a pajama picnic. Put down a blanket on the floor in the living room. Have a special snack and invite all the soft toys!
* Have your child help pick and prepare the special snack and get everything set up!
* Look at some books together. Ask questions like, can you see the black cat? Or do you see the red car? Point to them as you find them together.
* Play hide and seek with a favorite toy. Take turns hiding and looking for it. Ask questions while searching; is it under the table? Or on the couch?



October 16-20

* Play a bowling game together. Stack some blocks on containers. Roll a ball and knock them over. Repeat!
* Doodle with your child. Provide lots of paper, thick pencils and crayons.
* With coloured cereal or cereal in shapes, have your child separate the colours and shapes into different piles and talk about colours and shapes all around you.
* How many items can your child find that is the same colour…or shape?
* String some O shaped multigrain cereal onto a string, and then hang the stings outside for the birds. Have fun watching the birds!